

# Effect of Automated Identification of Antimicrobial Stewardship Opportunities for Urinary Tract Infections



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## Background

- Treatment of asymptomatic bacteriuria (ASB) does not improve clinical outcomes in most patients and may be associated with an increased risk of adverse events such as *Clostridioides difficile* infection
- Clinical decision support system (CDSS) implementation is an effective strategy to improve stewardship-related outcome measures and may be useful to quickly identify ASB-treated patients
- A best practice alert (BPA) was created to identify patients with possible ASB for antimicrobial stewardship (AS) review
- This study aimed to determine whether automated identification of ASB improved the timing of stewardship intervention

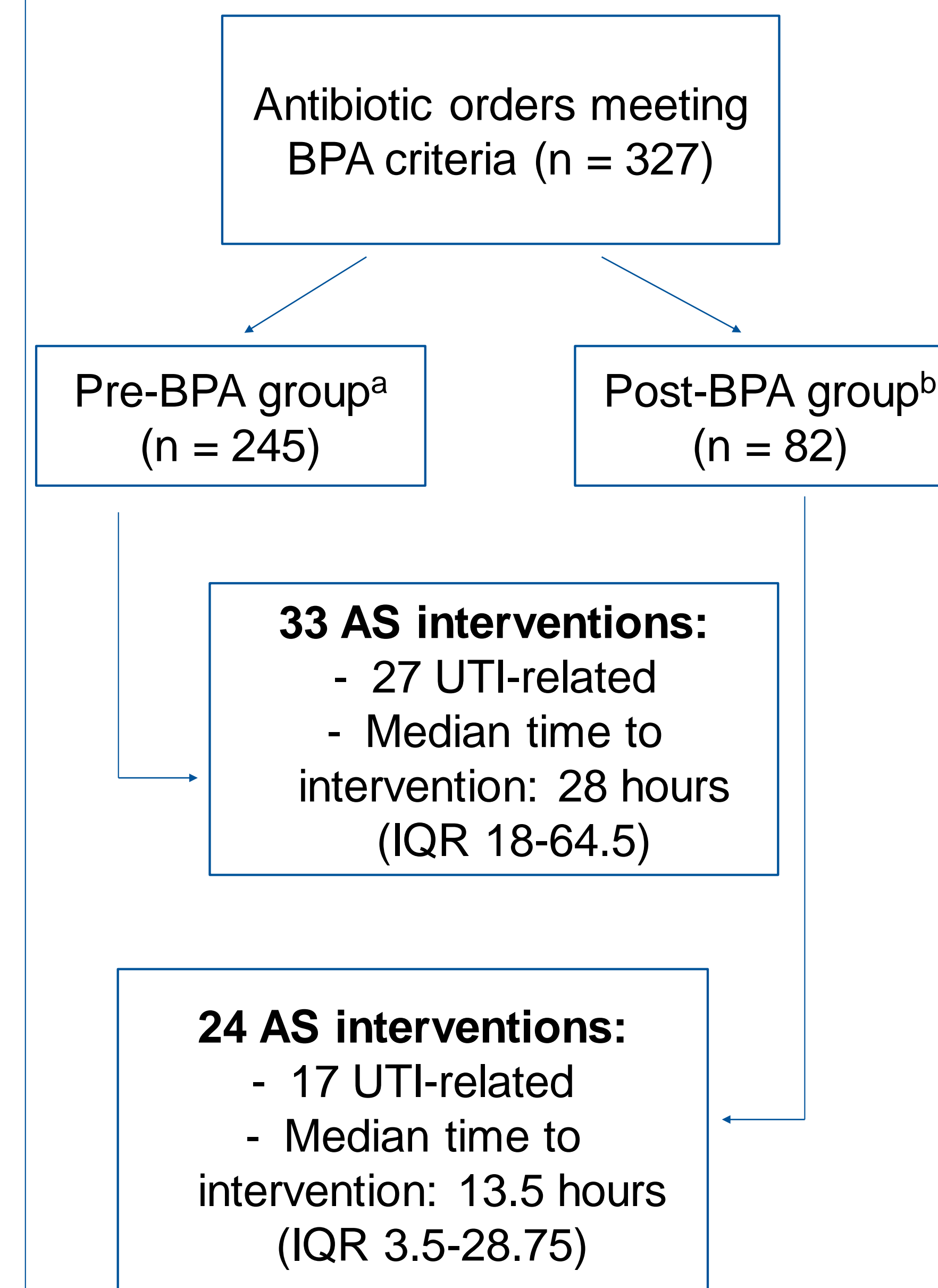
## Methods

- Retrospective analysis of pre- and post-BPA patients admitted to a tertiary academic medical center between 01/01/2020 to 12/31/2020 and 01/20/2021 to 04/10/2021, respectively
- BPA message to inpatient AS pharmacists was activated on 01/19/2021 and identified the following:
  - inpatients with a new antibiotic order, **AND**
  - an associated genitourinary indication, **AND**
  - a preceding urinalysis within 7 days with 0 to 5 WBC/hpf
- AS interventions within 7 days of antibiotic order were captured through pharmacist 'iVent' documentation; UTI-related interventions were specified
- Median time to AS intervention was compared between groups using the Mann Whitney U test; rates of UTI-related interventions were compared with Fisher's Exact test

## Results

- 327 antibiotic orders met BPA criteria for analysis (Figure 1)
- Median time to intervention was shorter post-BPA compared to pre-BPA [13.5 hours vs 28 hours,  $p = .03$  (Figures 1 & 2)]
- Pre-BPA UTI-related intervention rate was lower compared to post-BPA [11.0% vs 20.7%,  $p = .04$  (Figure 1)]

Figure 1. AS intervention by BPA group



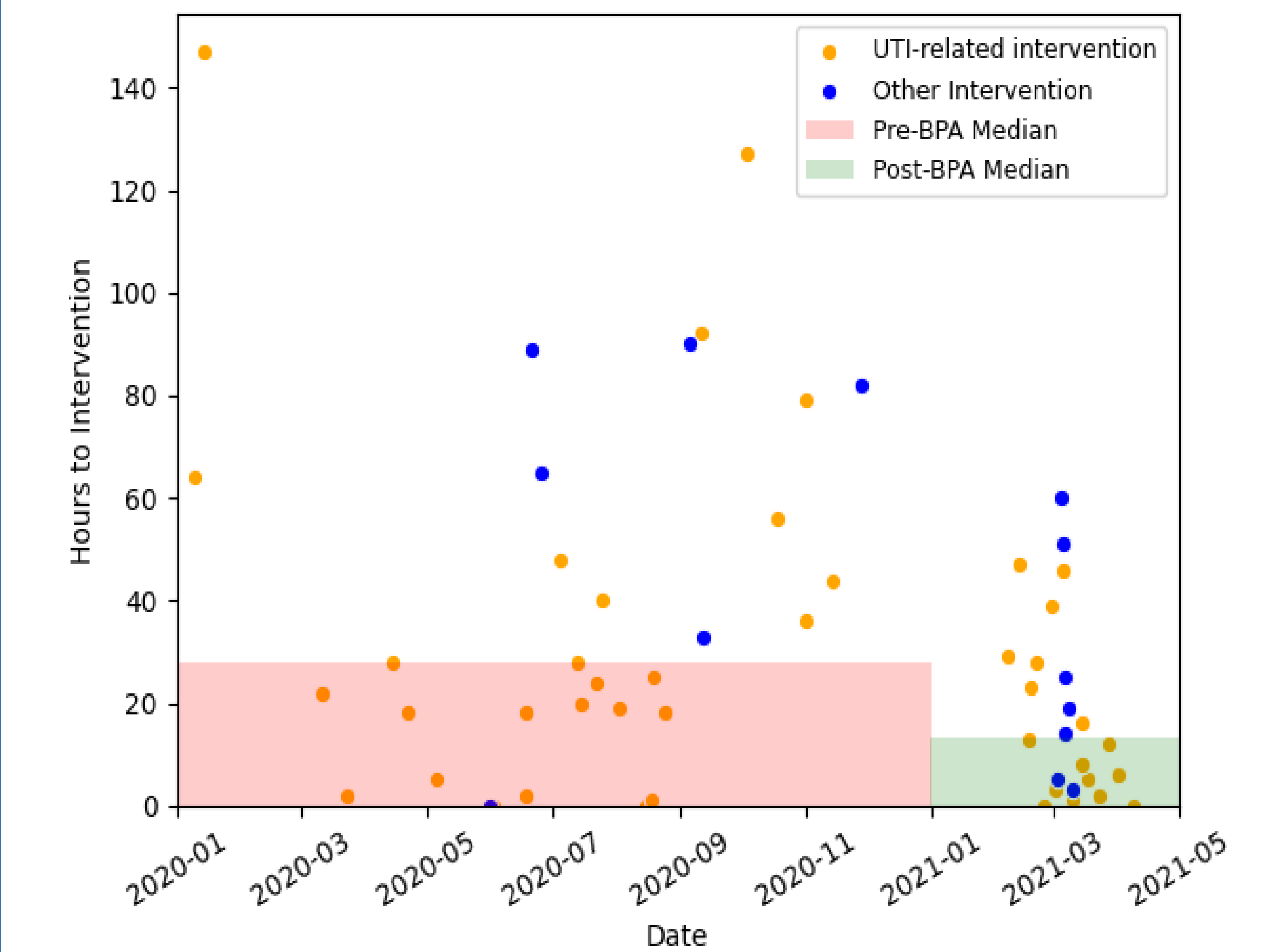
<sup>a</sup>Pre-BPA group: 01/01/2020 – 12/31/2020  
<sup>b</sup>Post-BPA group: 01/20/2021 – 04/10/2021

Table 1. Baseline Characteristics<sup>a</sup>

Characteristics	Eligible Pre-BPA (n = 245)	Eligible Post-BPA (n = 82)
Median age, years (IQR)	64 (45-74)	58.5 (39-72)
Sex, male	101 (41.2)	32 (39)
Race		
Caucasian	141 (57.6)	49 (59.8)
African American	79 (32.2)	23 (28)
Other	25 (10.2)	10 (12.2)
eGFR within 48 hours	197 (80.4)	75 (91.5)
Median eGFR (IQR)	71 (45-93) mL/min/1.73m <sup>2</sup>	75 (51-92.5) mL/min/1.73m <sup>2</sup>
Pregnant	3 (1.2)	0 (0)
Serum WBC measured within 48 hours	212 (86.5)	80 (97.6)
Median Serum WBC (IQR)	8.9 (6.9-13) x 10 <sup>9</sup> /L	9.2 (7.1-11.3) x 10 <sup>9</sup> /L
ANC < 1000	3 (1.2)	2 (5)
Urinary catheter	63 (25.7)	15 (18.3)
Urinalysis		
Positive nitrite	66 (26.9)	26 (31.7)
Urine culture in preceding 7 days	227 (92.6)	74 (90.2)
No growth	35 (15.4)	13 (17.6)
Mixed flora or < 10,000 cfu/mL organisms	73 (33)	16 (50)
Organism(s) identified	119 (52.4)	27 (36.5)
Urine culture organism	119 (48.6)	27 (32.9)
Enterobacterales	88 (73.9)	15 (55.6)
Enterococcus spp.	17 (14.3)	7 (25.9)
Pseudomonas aeruginosa	4 (3.4)	0 (0)
Other	10 (8.4)	5 (18.5)

<sup>a</sup>Data reported as n (%) or median (IQR)  
 eGFR: estimated glomerular filtration rate; WBC: white blood cell; ANC: absolute neutrophil count;

Figure 2. Time-to-Intervention among patients with UTI antibiotic order indication, absence of pyuria, and stewardship intervention



## Conclusion

- Automated identification of antibiotics targeting UTI with urinalysis showing absence of pyuria reduced the time to AS intervention and increased rate of UTI-specific interventions
- The use of clinical decision support may aid in efficiency of AS review and syndrome-targeted AS impact