Antibiotics are important for fighting infections caused by bacteria.

Taking antibiotics when you don’t need them can cause unwanted side effects, like a skin rash or diarrhea. It can also lead to bacteria changing and becoming more resistant, which makes infections harder to treat.

It is critical that we only use antibiotics when they are needed and avoid using antibiotics when they might do more harm than good.

How will you protect antibiotics and stop superbugs?

#IStopSuperbugs

Duke Center for Antimicrobial Stewardship and Infection Prevention