Beta is Better: Impact of a Multifaceted Stewardship Initiative on the Sequential Timing of Beta-Lactam Administration among patients with Bacteremia



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Background

- Beta-lactams and anti- methicillin-resistant Staphylococcus aureus (MRSA) agents are often empiric regimens for patients with sepsis or septic shock
- Appropriate antibiotic sequence (*i.e.* beta-lactam before vancomycin) may reduce early mortality in patients with bloodstream infections (BSIs) (Amoah, et al. CID 2022)
- <u>AIM</u>: Describe the impact of a multifaceted stewardship initiative on the sequence of antibiotic administration in adults with at least one positive blood culture

Methods



<u>Study Design</u>: Pre-post implementation analysis <u>Study Period and Comparison Groups</u>: PRE: March 1, 2021 – May 22, 2022 (~15 months) POST: May 31, 2022 – Feb 12, 2023 (~8 months) <u>Setting</u>: Duke University Health System (3 hospitals: 1 university, 2 community) <u>Primary Outcome</u>: Percent of beta-lactam first administration



Inclusion:

Adult: \geq 18 years

Concurrent vancomycin and beta-lactam: antibiotic administration within 8 hours of each other Beta-lactam: cefepime, piperacillin-tazobactam, or meropenem

<u>Statistical Analysis</u>: Chi-square tests were used to compare rates between groups



Intervention:

 System-wide adult beta-lactam order panel combining load and maintenance doses for select beta-lactams (Figure 1)
 Nursing administration instructions facilitating the appropriate sequential order of antibiotic administration (Figure 2)
 System-wide education to physicians, pharmacists, and nurses

Deri CR^{1,2}, Schultheis J¹, Shroba J^{1,2}, Boreyko J³, Wrenn RH^{1,2}, Keener C⁴, Moehring RW^{2,5}

Administration Instructions, cefepime

Admin Instructions:

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If antibiotics may NOT be administered simultaneously (e.g. IV incompatibility), the initial cefepime dose should be administered before vancomycin unless otherwise specified by provider. Infuse bag over 30 minutes for Traditional Infusion Therapy.

Table 1. Characteristics of Adult Encounters with Positive Blood Cultures Initiated on Combination Therapy

| | Pre-intervention (n=224) | Post-intervention (n=13 |
|--------------------------|--------------------------|-------------------------|
| Median Age (IQR) | 65 (52.8-74.3) | 65 (52-74) |
| Beta-lactam received | | |
| FEP | 70 (31.3) | 28 (20.4) |
| MEM | 5 (2.2) | 0 (0) |
| TZP | 149 (65.5) | 109 (79.6) |
| Blood culture gram-stain | | |
| Gram-positive | 147 (65.6) | 96 (70.1) |
| Gram-negative | 61 (27.2) | 34 (24.8) |
| Polymicrobial | 10 (4.5) | 6 (4.4) |
| Fungus or AFB | 6 (2.7) | 1 (0.7) |

Data reported as n (%) unless otherwise specified

AFB: acid-fast bacilli, FEP: cefepime, MEM: meropenem, TZP: piperacillin-tazobactam

| Table 2. Sequence of Antibiotic Administration | | | | | |
|--|----------------------------|------------------------------|---------------------|--------------------|--|
| | Vancomycin first (n=19) | Beta-lactam first (n=319) | Same time (n=23) | Overall (n=361) | |
| PRE | 14 (6.3%) | 198 (88.4%) | 12 (5.4%) | 224 | |
| FEP | 5 | 61 | 4 | 70 | |
| MEM | 0 | 5 | 0 | 5 | |
| TZP | 9 | 132 | 8 | 149 | |
| POST | 5 (3.6%) | 121 (88.3%) | 11 (8.0%) | 137 | |
| FEP | 1 | 27 | 0 | 28 | |
| MEM | 0 | 0 | 0 | 0 | |
| TZP | 4 | 94 | 11 | 109 | |
| OVERALL | 19/361 (5.3%) | 319/361 (88.4%) | 23/361 (6.4%) | | |

FEP: cefepime, MEM: meropenem, TZP: piperacillin-tazobactam





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Figure 4. Timing of Beta-Lactam Administration to Vancomycin by Hospital



- Piperacillin-tazobactam (TZP) + vancomycin was the most common combination (71.5%, Table 1)
- Most of the eligible encounters occurred at the academic hospital (70.9%) and the emergency department (ED) (84.8%)
- Receipt of beta-lactam first was high at baseline, then higher postintervention compared to pre-intervention (96.4% vs 93.8%, p = 0.283) (Table 2)
- Beta-lactam first improvement was most notable in the ICU (63.6% vs 87.5%) and ED (95.8% vs 98.2%)

Conclusion

- A multifaceted stewardship initiative numerically increased the percent of beta-lactam first administrations among patients with positive blood cultures, in the setting of a baseline high beta-lactam first administration rate.
- System change and education regarding antibiotic administration best practices impacted nursing workflow.