Impact of the COVID-19 Pandemic on Healthcare-Associated Infections (HAIs) by Race and Ethnicity in a Large Network of Community Hospitals: A Call to Action

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Background

- Race is a social construct, yet race and ethnicity remain significant predictors of health and treatment outcomes.
- Inequities in healthcare access, treatment, and outcomes among minoritized racial and ethnic groups are globally recognized.
- There has been relatively little investigation into potential racial and ethnic disparities in the incidence of healthcareassociated infections (HAIs).
- Our objective was to evaluate the impact of the COVID-19 pandemic on HAIs in different racial and ethnic groups.

Methods

- We performed a retrospective cohort analysis of central line-associated bloodstream infection (CLABSI), catheterassociated urinary tract infection (CAUTI), and laboratoryidentified *Clostridioides difficile* infection (CDI) prospectively-collected by a network of community hospitals in the southeastern US.
- Inclusion criteria required that institutions had 1) complete data for the full surveillance period, and 2) race/ethnicity reported for at least 75% of HAIs.
- We defined the COVID-19 pre-pandemic period from 1/1/2019 to 2/29/2020 and the COVID-19 pandemic period from 3/1/2020 to 6/30/2021.
- Outcomes were stratified by race/ethnicity, as captured in the electronic medical record, and reported as proportions. Ratios of HAIs between minority races & White patients were compared using Poisson regression.



- Higher proportions of CAUTI and CDI occurred in White patients (Supplemental Figures 1b-c).
- The ratio of CLABSI counts among Black patients compared to White patients was 1.3 in the pre-COVID period, which was not a significant finding. However, this ratio significantly increased to 1.51 after the start of the pandemic (Table 1). Similar trends were not observed in other HAIs (Supplemental Tables 2-3).

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Table 1. Relative Ratios of CLABSI by Race and Ethnicity, Pre-Pandemic Period

Pre-Pandemic Period Central Line Days: 127,443)		Pandemic Period (Central Line Days: 167,384)	
Ν	Relative Ratio (95% CI)	N	Relative Ratio (95% CI)
33	Reference	41	Reference
2	0.06 (0.01-0.25)	5	0.12 (0.05-0.31)
0	0	3	0.07 (0.02-0.24)
43	1.3 (0.83-2.05)	62	1.51 (1.02-2.24)
1	0.03 (0-0.22)	2	0.05 (0.01-0.2)
2	0.06 (0.01-0.25)	7	0.17 (0.08-0.38)
7	0.21 (0.09-0.48)	13	0.32 (0.17-0.59)

Race and ethnicity are variably reported in surveillance databases.

We found differences in HAI occurrences by race and ethnicity in a network of community hospitals. Black patients had higher number of CLABSI, and this proportion increased during the pandemic.

Patient safety events may differ across racial and ethnic groups and negatively impact health outcomes. Further investigation is needed.

